

NVYSL U10 Recreational Playing Rules

NVYSL U10 recreational playing rules are modifications to the FIFA Laws of the Game and CYSA General Procedures.

FIFA Laws of The Game can be found at: <http://www.ussoccer.com/laws/index.jsp.html>

CYSA General Procedures can be found at:

http://www.cysanorth.org/Constitution/general_procedures.htm

NVYSL specific age group playing rules can be found in the NVYSL Constitution:

<http://eteamz.active.com/nvysl/files/NVYSLConstitutioncurrent.pdf>

Law I - The Field of Play: Conform to FIFA. Exceptions: The field of play shall have dimensions of approximately one-hundred fifty (150) feet wide and two-hundred ten (210) feet long. The center circle will have an eight (8) yard radius. Four corner arcs each with a two (2) foot radius. Penalty area: fourteen (14) yards from each goal post and fourteen (14) yards into the field of play joined by a line drawn parallel with the goal line. Goals are seven (7) feet high and twenty-one (21) feet wide.

Law II - The Ball: Conform to FIFA. Exception: Size four (4) in accordance with CYSA General Procedures.

Law III – The Number of Players: Conform to FIFA. Exceptions: Number of players on the field at any one time is eight (8) versus eight (8) - including the goalkeepers. Maximum nine (9) versus nine (9) if both coaches agree prior to the start of play. Five (5) players minimum per side to start the match and to continue play. Teams and games may be coed.

Substitutions:

- A. Prior to throw-in, in your favor.
- B. Prior to a goal kick, by either team.
- C. After a goal, by either team.
- D. After an injury, when the referee stops the play, by either team.
- E. At half-time.
- F. When the referee stops play to caution a player, only the cautioned player may be substituted, prior to the restart of the game.

The number of substitutes shall be unlimited, unless a competition superseding the jurisdiction of this league determines otherwise. In any case, a substitute shall not enter the field of play until he/she has been given a signal to do so by the referee.

Law IV - Players' Equipment: Conform to FIFA. Shin guards are MANDATORY. Tennis shoes are allowed.

Law V - The Referee: Conform to FIFA. USSF registered referees.

Law VI - The Assistant Referees: Conform to FIFA. USSF registered referees. Three (3) person crew using the diagonal system of control. Exception: Club assistant referees may be used if needed.

Law VII - The Duration of the Match: Conform to FIFA. Exceptions: The game shall be divided into two (2) equal halves of twenty-five (25) minutes each. There shall be a half-time break of five (5) to ten (10) minutes. No over-time period for league play.

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Law VIII - The Start and Restart of Play: Conform to FIFA. Exception: All opponents are at least eight (8) yards from the ball until it is put in play.

Law IX - The Ball in and Out of Play: Conform to FIFA.

Law X – The Method of Scoring: Conform to FIFA.

Law XI - Offside: Conform to FIFA.

Law XII - Fouls and Misconduct: Conform to FIFA. Exception: No slide tackling allowed.

Law XIII - Free Kicks: Conform to FIFA. Exception: All opponents are at least eight (8) yards from the ball until it is put into play.

Law XIV – The Penalty Kick: No penalty kicks shall be taken; a direct free kick awarded to the attacking team inside the penalty area is taken from that part of the penalty area line which runs parallel to the goal line at the point nearest to where the infringement occurred.

Law XV – The Throw-In: Conform to FIFA. Exception: one re-throw allowed for improper throw in.

Law XVI – The Goal Kick: Conform to FIFA.

Law XVII – The Corner Kick: Conform to FIFA. Exception: all opponents are at least eight (8) yards from the corner arc until the ball is in play.

NOTE: Players and coaches shall occupy one side of the field and reside in the technical area during the match. All spectators shall be on the side opposite of the players and coaches.